

This event is presented by the
**CESA 6 Safe & Healthy School and Communities and
Wisconsin Safe & Healthy Schools**

Youth Mental Health First Aid Training

June 25, 2019 | 8:00 am. - 4:30 p.m. | CESA 6, Oshkosh



Workshop Objectives:

- Learn a single 5-step strategy that includes assessing risk, respectfully listening to and supporting the individual in crisis, and identifying appropriate professional help and other supports.
- You will be introduced to risk factors and warning signs for mental health or substance abuse problems.
- Engage in experiential activities that build understanding of the impact of illness on individuals and families.
- Learn about evidence-supported treatment and self-help strategies.
- You are certified to train in Youth Mental Health First Aid.
- Your certification requires a minimum of three trainings per year to remain current.

Who should attend?

Mental Health First Aid is intended for all people and organizations. K-12 regular education and special education staff, school district leadership, or anyone interested in learning more about mental illness and addiction.

For additional information contact:

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Description

Youth Mental Health First Aid is an 8-hour evidence-based training course that teaches you how to identify, understand and respond to signs of mental illnesses and substance use disorders in youth, ages 12-18. This training will give you the skills you need to reach out and provide initial help and support to someone who may be developing a mental health or substance use problem or experiencing a crisis.

Mental Health First Aid teaches about recovery and resiliency - the belief that individuals can and do get better, and use their strengths to stay well.

Read more about Mental Health First Aid
<http://www.mentalhealthfirstaid.org/>

Details

** Registration is limited to 30 participants **

Register online: <https://www.cesa6.org/events/>

Registration fee: FREE (covered by the AWARE Grant)

Time: 8:00 am - 4:30 p.m.

Onsite checkin: 7:30 - 8:00 a.m.

Location:

CESA 6 Conference Center
2300 State Road 44, Oshkosh

Registration Questions, contact:

Debbie Pinkerton

Program Assistant

Ph: (920) 236-0548

Email: dpinkerton@cesa6.org

Cancellation policy: Any registration cancellation must be received at least 8 business days before event in order for a full conference fee refund to be issued (full refunds do not include service fees. Service fees are nonrefundable). Registration cancellations received 1-7 business days before an event, a refund, minus \$50 for each participant, will be issued. Persons who are registered, but not in attendance on the day of the session ("no call, no show") will be charged the full registration fee. CESA 6 reserves the right to cancel any session due to insufficient enrollment. Participants will be notified by email if a cancellation occurs. Note: Cancellation policies are subject to change based on event.